



Intent- we aim to:

To deliver a high-quality and enjoyable PE curriculum that inspires all pupils to succeed and excel in sport and other physically demanding activities.

To develop competence in a broad range of physical activities, whilst embedding character traits such as fairness, teamwork and respect.

To give regular opportunities for children to be physically active for sustained periods, leading to healthy, active lives. Thus, allowing PE to play a central role in the wider health and fitness education received by all pupils.

To give all pupils opportunities to engage in competitive sports and activities.

Ensuring pupils leave primary school physically literate with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.



Implementation- how do we achieve our aims?

Core Concepts

Subject Delivery

We fulfil the statutory requirements of National Curriculum PE. Every class aims to deliver 2 hours of high-quality PE, usually split into at least two lessons per week. Children in KS2 are all given an opportunity to take swimming lessons every year. Residential visits and use of other local facilities engage KS2 children in outdoor and adventurous activities. All children have a school PE kit and in KS2 we also have second top allowing children to learn outside more often.

Curriculum Resources

The central resource for the teaching of PE is the 'scheme' Real PE. This is supplemented by 'Real Gym' and 'Real Dance'. All staff have access to both online and physical resources that support the delivery of this scheme. We engage in regular CPD for staff by using School Sports Premium funding to employ a PE specialist who works alongside staff to train and support them. We have a central bank of PE resources in the PE store. Our P.E progression map clearly sets out the essential knowledge we expect our children to have.

Running throughout our P.E curriculum we have a set of core concepts we believe to be integral to the teaching and learning of P.E. In PE these core concepts are known as 'cogs'. We do not want our curriculum to be a 'pick and mix' approach, we want our children to know more, understand more and retain more about these core concepts. The core concepts are then taught and developed through a wide range of physical activities that are designed to ensure children all progress in fundamental key skills.

Core Concepts:



Personal



Social



Cognitive



Creative



Physical



Health & Fitness

Assessment and Feedback

In PE, teachers make ongoing assessments that allow them to immediately react to any teaching they need to undertake. These formative assessments may be made clear to children, either through oral feedback or with simple recordings.

During every unit of work, children are all assessed initially to establish their current level, followed by two further assessments: one mid unit and one at the end.

Feedback in PE lessons should concentrate where possible on the core concepts (cogs) that underpin the lesson, or on how children are progressing with the fundamental skills being used.

Self-assessment and peer to peer assessment both play an integral part in our PE and children are regularly given time to reflect on their own and each other's performance.

Inclusion

In PE we make all reasonable adjustments to ensure the subject is inclusive to all. This will take many forms, but may include:

- the type of equipment used
- the expectations set for individuals
- extra adult support
- modifications to the delivery of lessons

We appreciate that children with physical disabilities may need their own 'bespoke' access to the PE curriculum and every adjustment that is reasonable would be made to ensure they played a full part in lessons.

Cultural Links

As a school we understand that our children are mainly from a white British heritage, and we look for meaningful opportunities to expose them to positive role models from a wide range of backgrounds and cultures. Whilst this may seem easy with some aspects of sport and PE, we are mindful not to reinforce racial stereotypes when doing so.

We have plaques up around the school that show inspirational people from a range of cultures, including from the world of sport.

Enrichment

In PE we offer many enrichment opportunities. Outdoor and adventurous activities take place on residential visits and on visits to the local providers during curriculum time. We run a wide variety of out of school hours clubs that give extra opportunities for children to be active and build on the core concepts and skills progression in PE. They also foster an enthusiasm and desire to enjoy physical activity. We run both intra and inter school events, including active participation in local school sports associations and link with a local Secondary school to provide regular opportunities.

Enhancement

As a school we are keen to enhance the PE curriculum in many ways. Our school House system gives children regular opportunities to compete in organised events. Through our involvement with inter-school sports associations, we can give talented children pathways to excel at local, regional and even national levels. We work closely with a local secondary school, giving children opportunities to use their facilities and specialist teachers. We signpost children to local clubs that can offer specialist coaching in sports and activities. We expose our children to some of this specialist coaching – through out of school clubs for example – as a way of encouraging participation in sports and physical activity away from school.

PE, sport and physical activity is given a high priority throughout school.